



Optometry, P.C.
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SPORTS VISION QUESTIONNAIRE

Please fill out this questionnaire carefully. Please return it to our office prior to your appointment.

GENERAL INFORMATION

Name _____ Age _____ Date of Birth _____

Address _____

Telephone Number(s) (hm) _____ (cell) _____ (wk) _____

Email Address _____

Were you referred? Yes _____ No _____

If yes, by whom? _____ Phone: _____

Address: _____

Do you have major medical insurance? _____ Do you have a flex spending account? Yes No

If yes, who is the carrier? _____ Policy # _____

Name of Insured _____

Social Security Number _____ Driver's License No. _____

Does your insurance cover eye examinations or eyeglasses? Yes _____ No _____

What is your occupation? _____

Who is your employer? _____

Please list your spouse and dependents:

Spouse _____ Birth Date _____

Dependents _____ Birth Date _____

_____ Birth Date _____

_____ Birth Date _____

_____ Birth Date _____

MEDICAL HISTORY

Is there any history of the following? (please check if there is a history)

| | | | | | |
|---------------------|----------------|---------------|----------------------|-------|-------|
| | <u>Patient</u> | <u>Family</u> | Eye Surgery | _____ | _____ |
| Diabetes | _____ | _____ | Eye Turns | _____ | _____ |
| High Blood Pressure | _____ | _____ | Glaucoma | _____ | _____ |
| Thyroid Condition | _____ | _____ | Eye Infections | _____ | _____ |
| Cancer | _____ | _____ | Macular Degeneration | _____ | _____ |
| Blindness | _____ | _____ | | | |
| | <u>Patient</u> | <u>Family</u> | | | |
| Cataracts | _____ | _____ | | | |

Date of Last Visit _____ Physician's Name _____

Medications currently using: _____

For what condition? _____

Do you have a history of allergies? Yes _____ No _____

If yes, please explain: _____

Do you use cigarettes/tobacco? Yes _____ No _____

Do you drink alcohol? Yes _____ No _____

Do you use other substances? Yes _____ No _____

VISUAL HISTORY

Date of Last Vision Exam _____ Doctor's Name _____

Reason for examination: _____

Results _____

Were glasses prescribed? Yes _____ No _____

Are they worn? Yes _____ No _____

If yes, when are they worn? _____

Any problems with your current glasses? Yes _____ No _____

Do you wear contact lenses? Yes _____ No _____

If yes, how long have you worn them? _____

What solution do you use? _____

Do you experience any of the following?

| | <u>Yes</u> | <u>No</u> | <u>If yes, when?</u> |
|------------------------|------------|-----------|----------------------|
| Headaches | _____ | _____ | _____ |
| Blurred Vision | _____ | _____ | _____ |
| Double Vision | _____ | _____ | _____ |
| Eyes "hurt" or "tired" | _____ | _____ | _____ |
| Itchy eyes | _____ | _____ | _____ |
| Burning Eyes | _____ | _____ | _____ |
| Eye Drainage | _____ | _____ | _____ |
| Eye redness | _____ | _____ | _____ |

SPORTS HISTORY

Which sport(s) do you play? _____

Which eye is your dominant eye? _____

Are you right handed or left handed? _____

Do you have a visual plan when or before you compete? Yes _____ No _____

Do you do any visual warm-up activities? Yes _____ No _____

Do you have any problems with balance? Yes _____ No _____

Is your performance as consistent as you would like? Yes _____ No _____

If not, what areas would you like to improve:

- Visual tracking
- Visual reaction time
- Eye-hand coordination
- Peripheral awareness
- Depth perception
- Visual endurance
- Visual concentration
- Visual relaxation
- Visual consistency
- Improve figure-ground awareness
- Decrease visual distractibility
- Block out distractions

Other: _____

Does your performance differ when you are indoors compared to outdoors? Yes _____ No _____

Do you perform better during the day or at night? _____

Are there any backgrounds or conditions that make it difficult for you to see?

Is there a decrease in performance when shadows come into the field of play? Yes _____ No _____

Do you wear sunglasses? Yes _____ No _____

If yes, do they help? Yes _____ No _____

What color are the lenses? _____

How dark are they? Very Dark Very Light
1 2 3 4 5 (please circle)

Do any of the following interfere with or affect your performance?

Day games Yes _____ No _____

Night games Yes _____ No _____

Dim light Yes _____ No _____

Shadows Yes _____ No _____

Bright light Yes _____ No _____

Crowd noise Yes _____ No _____

Background Yes _____ No _____

Moving players Yes _____ No _____

Crowd movement Yes _____ No _____

Uniform color Yes _____ No _____

Any other comments or questions you may have:

OFFICE POLICIES

Fees: You are expected to pay for services and materials at the time of your examination.

Vision Service Plan/Medical Eye Services are billed directly. We will help you to the fullest extent possible when submitting claims to other insurance carriers.

Release of Information and Insurance Filing:

I have read or have had read to me the above office policies and I understand them. I authorize the release of medical information to other health care providers or insurance carriers upon their written request, or upon the recommendation of the San Diego Center for Vision Care - Optometry, P.C., when it is necessary for the treatment of my visual condition or for the processing of insurance claims. I release payment of benefits either to myself, or to the San Diego Center for Vision Care - Optometry, P.C.

Patient's Signature

Date

Thank you for your assistance. Your vision care is very important to us. Please do not hesitate to ask any questions you may have. We encourage you to call us any time if you have questions about your or your family's vision.

Please be on time for your examination.

Thank you.

The Doctors and Staff
San Diego Center for Vision Care-Optometry, P.C.