



Optometry, P.C.  
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## BASEBALL SPORTS VISION QUESTIONNAIRE

Please fill out this questionnaire carefully. Please return it to our office prior to your appointment.

Appointment: Day \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

Patient's Name: \_\_\_\_\_

### GENERAL INFORMATION

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Telephone Number(s) (hm) \_\_\_\_\_ (cell) \_\_\_\_\_ (wk) \_\_\_\_\_

Email Address \_\_\_\_\_

Were you referred? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, by whom? \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Do you have major medical insurance? \_\_\_\_\_ Do you have a flex spending account? Yes No

If yes, who is the carrier? \_\_\_\_\_ Policy # \_\_\_\_\_

Name of Insured \_\_\_\_\_

Social Security Number \_\_\_\_\_ Driver's License No. \_\_\_\_\_

Does your insurance cover eye examinations or eyeglasses? Yes \_\_\_\_\_ No \_\_\_\_\_

What is your occupation? \_\_\_\_\_

Who is your employer? \_\_\_\_\_

Please list your spouse and dependents:

Spouse \_\_\_\_\_ Birth Date \_\_\_\_\_

Dependents \_\_\_\_\_ Birth Date \_\_\_\_\_

\_\_\_\_\_ Birth Date \_\_\_\_\_

\_\_\_\_\_ Birth Date \_\_\_\_\_

\_\_\_\_\_ Birth Date \_\_\_\_\_

**Please continue on the other side**

### MEDICAL HISTORY

Is there any history of the following? (please check if there is a history)

|                     |                |               |                      |       |       |
|---------------------|----------------|---------------|----------------------|-------|-------|
|                     | <b>Patient</b> | <b>Family</b> | Eye Surgery          | _____ | _____ |
| Diabetes            | _____          | _____         | Eye Turns            | _____ | _____ |
| High Blood Pressure | _____          | _____         | Glaucoma             | _____ | _____ |
| Thyroid Condition   | _____          | _____         | Eye Infections       | _____ | _____ |
| Cancer              | _____          | _____         | Macular Degeneration | _____ | _____ |
| Blindness           | _____          | _____         |                      |       |       |

|           |                |               |
|-----------|----------------|---------------|
|           | <b>Patient</b> | <b>Family</b> |
| Cataracts | _____          | _____         |

Date of Last Visit \_\_\_\_\_ Physician's Name \_\_\_\_\_

Medications currently using: \_\_\_\_\_

For what condition? \_\_\_\_\_

Do you have a history of allergies? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Do you use cigarettes/tobacco? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you drink alcohol? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you use other substances? Yes \_\_\_\_\_ No \_\_\_\_\_

**VISUAL HISTORY**

Date of Last Vision Exam \_\_\_\_\_ Doctor's Name \_\_\_\_\_

Reason for examination: \_\_\_\_\_

Results \_\_\_\_\_

Were glasses prescribed? Yes \_\_\_\_\_ No \_\_\_\_\_

Are they worn? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, when are they worn? \_\_\_\_\_

Any problems with your current glasses? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you wear contact lenses? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, how long have you worn them? \_\_\_\_\_

What solution do you use? \_\_\_\_\_

Do you experience any of the following?

|                        | <u>Yes</u> | <u>No</u> | <u>If yes, when?</u> |
|------------------------|------------|-----------|----------------------|
| Headaches              | _____      | _____     | _____                |
| Blurred Vision         | _____      | _____     | _____                |
| Double Vision          | _____      | _____     | _____                |
| Eyes "hurt" or "tired" | _____      | _____     | _____                |
| Itchy eyes             | _____      | _____     | _____                |
| Burning Eyes           | _____      | _____     | _____                |
| Eye Drainage           | _____      | _____     | _____                |
| Eye redness            | _____      | _____     | _____                |

**SPORTS HISTORY**

**Baseball**

Which position(s) do you play? \_\_\_\_\_

Which eye is your dominant eye? \_\_\_\_\_

Do you hit right handed or left handed? \_\_\_\_\_

Do you hit right-handed pitchers better than left-handed pitchers? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have a visual plan when or before you compete? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you do any visual warm-up activities? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have any problems with balance? Yes \_\_\_\_\_ No \_\_\_\_\_

Is your performance as consistent as you would like? Yes \_\_\_\_\_ No \_\_\_\_\_

If not, what areas would you like to improve:

- Visual tracking
- Visual reaction time
- Eye-hand coordination
- Peripheral awareness
- Depth perception
- Visual endurance
- Visual concentration
- Visual relaxation
- Visual consistency
- Improve figure-ground awareness
- Decrease visual distractibility
- Block out distractions

Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is the level of your performance consistent throughout the game? Yes \_\_\_\_\_ No \_\_\_\_\_

Does your performance differ when you are indoors compared to outdoors? Yes \_\_\_\_\_ No \_\_\_\_\_

Visually, is there a difference for you on artificial turf versus natural grass? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you perform better during the day or at night? \_\_\_\_\_

Are there any backgrounds or conditions that make it difficult for you to pick up and track the ball?  
\_\_\_\_\_

Is there a decrease in performance when shadows come into the field of play? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you wear sunglasses? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, do they help? Yes \_\_\_\_\_ No \_\_\_\_\_

What color are the lenses? \_\_\_\_\_

|                    |           |   |   |            |                   |
|--------------------|-----------|---|---|------------|-------------------|
|                    | Very Dark |   |   | Very Light |                   |
| How dark are they? | 1         | 2 | 3 | 4          | 5 (please circle) |

Do any of the following interfere with or affect your performance?

Day games Yes \_\_\_\_\_ No \_\_\_\_\_

Night games Yes \_\_\_\_\_ No \_\_\_\_\_

Dim light Yes \_\_\_\_\_ No \_\_\_\_\_

Shadows Yes \_\_\_\_\_ No \_\_\_\_\_

Bright light Yes \_\_\_\_\_ No \_\_\_\_\_

Crowd noise Yes \_\_\_\_\_ No \_\_\_\_\_

Background Yes \_\_\_\_\_ No \_\_\_\_\_

**SPORTS HISTORY (continued)**

Moving runners            Yes \_\_\_\_\_ No \_\_\_\_\_

Crowd movement        Yes \_\_\_\_\_ No \_\_\_\_\_

Uniform color    Yes \_\_\_\_\_ No \_\_\_\_\_

Arm angle of pitcher    Yes \_\_\_\_\_ No \_\_\_\_\_

**OFFICE POLICIES**

**Fees:** You are expected to pay for services and materials at the time of your examination.

**Vision Service Plan/Medical Eye Services** are billed directly. We will help you to the fullest extent possible when submitting claims to other insurance carriers.

**Release of Information and Insurance Filing:**

I have read or have had read to me the above office policies and I understand them. I authorize the release of medical information to other health care providers or insurance carriers upon their written request, or upon the recommendation of the San Diego Center for Vision Care - Optometry, P.C., when it is necessary for the treatment of my visual condition or for the processing of insurance claims. I release payment of benefits either to myself, or to the San Diego Center for Vision Care - Optometry, P.C.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

Thank you for your assistance. Your vision care is very important to us. Please do not hesitate to ask any questions you may have. We encourage you to call us any time if you have questions about your or your family's vision.

Please be on time for your examination.

Thank you.

***The Doctors and Staff***  
San Diego Center for Vision Care-Optometry, P.C.