



Attention/Concentration Checklist

Adapted From DSM - V

Name:

Date:

Please circle the number that best describes how often you experience each symptom
0 = never 1 = seldom 2 = occasionally 3 = frequently 4 = always

1. Fails to give close attention to details or makes careless mistakes in schoolwork 0 1 2 3 4
2. Difficulty sustaining attention in tasks or play activity 0 1 2 3 4
3. Not seem to listen when spoken to directly 0 1 2 3 4
4. Not follow through on instruction and fails to finish schoolwork/duties in workplace 0 1 2 3 4
5. Difficulty organizing tasks and activities 0 1 2 3 4
6. Avoids, dislikes, reluctant to engage in tasks that require sustained mental effort 0 1 2 3 4
7. Lose things necessary for tasks or activities 0 1 2 3 4
8. Easily distracted by extraneous stimuli 0 1 2 3 4
9. Forgetful in daily activities 0 1 2 3 4
10. Fidgets with hands or feet or squirms in seat 0 1 2 3 4
11. Leaves seat in classroom/other situations in which remaining seated is expected 0 1 2 3 4

12. Runs or climbs excessively in situations in which it is inappropriate 0 1 2 3 4

13. Difficulty playing or engaging in leisure activities quietly 0 1 2 3 4

14. "On the go" or often acts as if "driven by a motor" 0 1 2 3 4

15. Talks excessively 0 1 2 3 4

16. Blurts out answers before questions have been completed 0 1 2 3 4

17. Difficulty awaiting turn 0 1 2 3 4

18. Interrupts or intrudes on others 0 1 2 3 4